

## Hospitalist You Should Meet:



Dr. Sameh Elsaid

Sameh Elsaid, MD, did his undergraduate studies and internship in Egypt before becoming an Internal Medicine Resident at St. Vincent's Medical Center in Bridgeport, CT, affiliated with Columbia School of Medicine, NY. He did his sub-specialty as an Infectious Disease Fellow at the University of Kentucky in Lexington, KY, before coming to North Carolina. He is employed with FirstHealth of the Carolinas as a Hospitalist and serves patients at the Moore Free Care Clinic on a regular basis.

Dr. Elsaid readily says "Working at the Moore Free Care Clinic is one of the most rewarding experiences I have had since graduating from medical school." He says, "The Moore Free Care Clinic is well organized and the staff there goes the extra mile to assist me in taking care of my patients so that minute by minute my focus can be all about the patient." In relating to his patients Dr. Elsaid comments, "The majority of my patients are very appreciative and many have a keen sense of what it has been like not to have healthcare in the past, so they are eager to participate in their own care."

**If you are interested in becoming a volunteer, just call our office at 910-246-5333.**



FALL 2010  
A Newsletter for Friends and Supporters  
of Moore Free Care Clinic  
Visit our Website at: [www.moorefreecare.org](http://www.moorefreecare.org)

## Patient Care is Paramount

by Joel Shriberg, Chairman, Board of Directors

I've had the privilege of being active in community organizations and events which serve to better our community. It is a rewarding way to spend one's retirement.

I'm impressed by the vital partnership between Moore Regional Hospital and the Moore Free Care Clinic which gives quality health care to many of the uninsured and low income people of Moore County. If the MFCC did not exist there would be a lot more people in our community who would be using the emergency room for primary care, and there would be many others who would go without care. For those qualified, when these persons are discharged from the Hospital, the MFCC serves as their primary care provider.

Providing the highest of quality patient care is the primary goal of the MFCC. We will not settle for less. Cutting corners at the expense of quality care will never be a motive in how we shape our health care services.

The mission statement of the MFCC, always restated in our newsletters, is a strong affirmation of who we are and what we do. However, at a recent meeting, our Board of Directors made the mission statement even stronger. In describing how the clinic staff and volunteers relate to our patients we added the phrase "with the utmost regard for the dignity of all persons." Being treated with dignity is central to our goal of providing the highest quality of patient care.

In addition to our generous donors, care at the MFCC is possible because of the many medical providers in our community. These include the multitude of services provided by First Health Moore Regional Hospital, the volunteer physicians and nurses of Pinehurst Medical Clinic, surgeons of Pinehurst Surgical, retired physicians of these aforementioned practices, our own Nurse Practitioner on staff and the vast number of specialty providers who vol-

unteer their services to our patients. Medical providers also include the hospitalists and nurses of Moore Regional Hospital. Our patients get the same quality care through the MFCC that any insured person in our county receives. Our patients at the MFCC are cared for by the very same people who care for you and me.

THIS IS AS IT SHOULD BE.



Joel Shriberg, Chairman,  
Board of Directors

## Mission Moment From Clinic Director

by Elizabeth "Liz" Thompson, ANP-BC

"HH" is a Hispanic patient of the Moore Free Care Clinic who does not speak English and has no legal residence in the U.S. He lives in a trailer behind a church with no running water or electricity. This man has diabetes type 2 and a non-healing foot ulcer. He was referred to the MFCC by the hospitalists who cared for him during an admission period at Moore Regional Hospital. He was kept in the hospital for weeks after amputation of some toes because he was afraid to return to his home where he reported having rats that were biting on his foot wound. He was in and out of the hospital several times before he was able to keep a clinic appointment. The case managers at Healthnet were vigilant in ensuring the patient had his medications and any other pertinent supplies during the interim.

Eventually, the patient was seen by the hospitalists at the clinic and taken care of by their supervising physician, Dr. Dan Barnes. Dr. Barnes was

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 Mary Corry, RN BA  
 Bobbi Erdman,  
*Special Events Chair*

### Our Mission

With a spirit of compassion and with the utmost respect for the dignity of all persons, the Moore Free Care Clinic provides high quality primary, preventive and specialty care to limited income people of Moore County who are uninsured and can't afford access to health care.

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### Our Community Partners



*The Duke Endowment*



ST. JOSEPH of the PINES



Pinehurst Neurology  
 Carolina Eye Associates PA  
 Drs. Monroe and Monroe, General Dentistry  
 Neese Family Health Clinic  
 Pinehurst Radiology  
 Moore County Health Department  
 Southern Pines Physical Therapy  
 John W. and Marjorie A. Roffe Endowment  
 Moore County Community Foundation  
 The Cannon Foundation  
 C. Louis Meyer Family Foundation  
 Cooper's Pharmacy



able to take the patient off most of his hypertensive medications and the MFCC staff provided the patient with wound care supplies, insulin, syringes, glucometer and test strips. The wonderful end results are that this patient has a wound that is healing beautifully and his chronic medical conditions are being managed. The MFCC strives to help patients like this one to maintain their dignity and independence while providing quality medical care.

## Patient Navigation Program

by Mary Corry, RN BA

We are excited to announce the MFCC Patient Navigation Program to be guided by Mary Corry, RN. Dr Harold P. Freeman, founder and national champion of patient navigation, established the nation's first Patient Navigation Program in 1990 at Harlem Hospital Center to help improve access to screening and address the delays in clinical follow-up and barriers to care that low income persons encounter.

What is Patient Navigation? Patient Navigation is a process by which an individual—a Patient Navigator—guides patients through and around barriers in the complex health care system to help ensure timely diagnosis and treatment. Barriers to quality care fall into a number of categories such as:

- Financial and economic
- Language and cultural
- Communication
- Health care system
- Transportation
- Bias based on culture/race/age
- Fear

Patient Navigation helps ensure that patients receive culturally competent care that is also confidential, respectful, compassionate and mindful of the patient's safety. The MFCC Patient Navigation Program will work with a broad spectrum of professionals to identify those patients currently in need. Secondly, program objectives will be identified with the goal of increasing patient adherence to recommended care initiatives. Patient Navigators will be needed to work with a core group of patients. A Patient Navigator essentially is a problem solver and a highly resourceful individual. A navigator can be a:

- Trained health care professional (social worker, case manager, nurse, pharmacist, physician)
- Lay individual who can coordinate the needed health care services

The Patient Navigator is trained to anticipate, address, and overcome barriers to care and to guide patients through the health care system. Patient Navigators can help improve the quality of care patients receive, and Patient Navigation Programs may help extend or even save patients' lives. The result is that patients have a greater chance of receiving a quick and timely diagnosis and any necessary treatments. In addition, services may be better coordinated and more consistent, resulting in improved outcomes. The MFCC welcomes trained health care professionals to become Patient Navigators. Please email Mary Corry for additional information at: mcorry@nc.rr.com.

## Moore Dining in the Pines 2010

By Bobbi Erdman, Special Events Chairperson

The Moore Dining in the Pines committee has been working hard this summer to provide a successful sixth annual fundraising event for the Moore Free Care Clinic. The social events in the hosts' private homes will take place from October 15-November 1, 2010 and will include brunches, cocktail or dinner parties. The tickets are \$40, \$60 or \$100 per person. In 2009 we had 128 hosts in 48 host homes to include 700 participants. We now have 75 committed hosts for 2010 and are actively seeking more hosts.

Two online auctions will be part of the Moore Dining in the Pines event. The ebay auctions will include Duke and UNC basketball tickets as well as 12 golf packages and will run from October 18-25th. The second on-line auction features pottery, paintings by local artists, dining opportunities at local restaurants, wine offerings and use of condos for vacations to Arizona and Florida and will be held from October 15-November 1.

Please go to moorefrecare.org for a more complete update and a chance to bid. Let's join forces and support this annual fundraiser!!! For more information call Bobbi Erdman at 235-4550 or Kathy Lannon at 235-9232.

### Moore Dining In the Pines Benefit for Moore Free Care Clinic Online Auction October 15 – November 1, 2010

<http://www.moorefrecare.org>



Bears Creek Cabin  
 3 bdrm. 2 nights  
 Total Value: \$600



Blue Quilted Jacket  
 Hand-made size 8-10  
 Total Value: \$250



Hand-crafted Bird-feeder  
 Total Value: \$250



Dinner for 8  
 Total Value: priceless!



Beige Quilted Jacket  
 Hand-made size 8-10  
 Total Value: \$250



Florida Condo  
 One week.  
 Total Value: \$800



Pet Portrait, 8x10,  
 unframed, oil  
 painting  
 Total Value: \$200



Hydrangea Still Life,  
 Framed Original Oil  
 Painting  
 Total Value: \$450



Arizona Condo  
 One week.  
 Total Value: \$900

Chinese Red Vase  
 Total Value:  
 Pottery Total Value:

### eBay Auction Items October 18-25, 2010



Duke Basketball Tickets  
 UNC Basketball Tickets

Golf at Pinehurst  
 Golf at CCNC  
 Golf at Forest Creek  
 Golf at Pinewild  
 Golf at Legacy  
 Golf at Talamore  
 Golf at Hyland Hills



And more to come!