

Mission Moment... In The Words Of A Patient

I just wanted to thank you for taking me on as a patient at your wonderful clinic. I am without health insurance and this has taken away some of the extreme worry I had dealing with lack of insurance and this awful progressive diagnosis of Multiple System Atrophy.

It has been especially nice getting to know you and having you keep an eye out on me and my low levels of B12. You have ordered blood tests and have determined that I need more shots. I was unsure when I made the move to NC how I was going to continue the monitoring and B12 therapy I was receiving in Maine.

There have been many major changes in my life, the move from New England, loss of my car and driving and having to depend on someone for many of my needs. Finding you and the clinic has been a positive one amid all the negative things I have faced.

I wish that I had lots of money to donate to the Moore Free Care Clinic. There is such a need for it! What a worthy cause. I'm sure your patients there are as grateful as I.

Thank you again for your kindness and great facility. You should be very proud!

This is why we do what we do. With your help we can change lives!!

If you are interested in becoming a volunteer, just call our office at 910-246-5333.

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MOORE
FREE CARE
CLINIC

211 Trimble Plant Road, Suite C
Southern Pines, NC 28387



SUMMER 2010
A Newsletter for Friends and Supporters
of Moore Free Care Clinic
Visit our Website at: www.moorefreecare.org

We Welcome Our New Clinic Director

It is a joy to welcome Elizabeth "Liz" Thompson as our new clinic director. This position has been vacant since the fall of 2009 and we have searched hard for the "ideal" person. I believe we have found this person in Liz. We were able to locate her through the NC Office of Rural Health.

Liz is a native of Ghana. Her family moved to the United States when she was very young. Her upbringing has mostly been in North Carolina. She received her Bachelor of Science in Biology from the University of North Carolina-Greensboro, her degree in Nursing from Guilford Community College and her Master of Nursing from UNC-Chapel Hill. Liz is a Nurse Practitioner trained in Adult Medicine. Her role in the clinic will be full-time as supervisor of all clinical operations. She will spend part of her time in direct care of patients and the other portion of her time overseeing the hospitalist partnership, volunteer providers, our medical partnerships, our nursing staff, and all clinical policies and procedures. Liz is an extremely talented clinician who also has experience in management. She brings to us this balance of skills and gifts. Her commitment to health care on behalf of our particular population is expressed through her compassionate nature and her respect for the dignity of all persons.

Liz is married to Daniel, who is a nurse at UNC-Chapel Hill, and they have two children: Delali and Noelle. Please come by and introduce yourself to Liz and welcome her. She is truly a joy to have as a partner in our mission.

Mark W. Wethington, Executive Director

A Vision of the Moore Free Care Clinic from our New Clinic Director

Compassion and quality of care were my first thoughts when I initially became familiar with Moore Free Care Clinic. Those are very important characteristics when one is serving the needy.

The uninsured population tend to have socioeconomic problems as well as their medical issues which complicates their outcomes. Every patient should be approached in a holistic manner, targeting physical, mental and spiritual imbalances. This ensures that we meet certain standards to deliver quality care to our patients.

My role as the clinic director will be to maintain patient confidentiality and dignity and also to provide continuity of care as a full time provider. My vision for the Moore Free Care Clinic is to provide the entire uninsured population of Moore County with free medical care. First, I would like to register more volunteers in order to increase the number of new patients that we enroll in the clinic. Secondly, my goal is to enlist as many partnerships as possible in order to offer our patients free specialized care as necessary. Lastly, I would like to see Moore Free Care Clinic become a prime model for future free clinics. I am grateful for the opportunity to grow with the clinic. Thank you.



Elizabeth "Liz" Thompson settles in to new role as Clinic Director.

Elizabeth (Liz) Thompson, ANP-BC

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 Margaret Butcher,
 Dining in the Pines Committee

Our Mission

With a spirit of compassion and with the utmost respect of all persons, the Moore Free Care Clinic provides high quality primary, preventive and specialty care to limited income people of Moore County who are uninsured and can't afford access to health care.

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Our Community Partners



The Duke Endowment



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 Moore County Health Department
 Southern Pines Physical Therapy
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From The Chairman of the Board, Joel Shriberg

We have much to celebrate at the Moore Free Care Clinic. We are delighted that we have been able to hire Liz Thompson as Clinic Director. Her staff position is in addition to our Executive Director, Dr. Mark Wethington, who in his part-time position gives general oversight to the clinic; provides vision and assessment of future direction; organizes public relations; and conducts our financial development. With Liz's presence the clinic will be able to increase the active patient load over the course of this year by approximately 25%.

We are also grateful for the continued addition of medical partners in our community who are willing to give our patients free specialty care. Some of our latest additions include Pinehurst Neurology, anesthesiologists (who partner with Pinehurst Surgical and Moore Regional Hospital in performing necessary surgeries), and the Pain Clinic. These partnerships are extremely important in the expanding of services to our patients who need them.

The MFCC is in the process of completing requirements for accreditation with the North Carolina Association of Free Clinics. This is a process in which we have been involved over the past six years of our existence. Accreditation includes the extensive scrutiny of all aspects of the clinic including clinical policies and procedures, human resources related to staff, financial accountability and development, and By-laws and Board of Director organization. Accreditation assures that the clinic meets all standards which are expected of for-profit clinics, such as Pinehurst Medical Clinic, and puts strong measures for quality assurance in place. We expect to submit all requirements of accreditation by this fall.

As a sign of appreciation to our donors, we have acquired a "donor board" which will be placed in the waiting room of the clinic so that the public, and patients in particular, can be aware of how many individuals and organizations in the Sandhills community contribute to support the clinic. We hope that all of our readers will know how greatly we appreciate the many kinds of support which are given to foster the work of the clinic. We are touching people's lives in incredible ways.

If you have not yet seen the work of the clinic by visiting the building, I hope you will do so. I invite you to call the clinic and set up a time to visit.



The clinic Board of Directors honored volunteers and donors with a festive "Thank You" party on April 29th.

Dining In The Pines Celebrates Spring with New Fundraiser

by Margaret Butcher

April 10th, dawned sunny and warm. The azaleas and dogwoods bloomed to perfection. All this was the backdrop for the first Dining in the Pines Luncheon and Fashion Show held at the Emmanuel Episcopal Church in Southern Pines. This was a concept first discussed last Spring when the DIP committee met to formulate the Fall event. It was decided that a second event during the Spring would maintain our focus on fundraising for the MFCC.

Tess Gillespie of Pinehurst, representing Doncaster Fashions and Silpato Jewelry, provided the models, clothing, and jewelry. Sweet Feed of Southern Pines catered the luncheon. Marion Caso, owner of Lady Bedford's Tea Room in Pinehurst, provided a basket of tea related items which was raffled and won by Patty Engleking of Pinewild.

One hundred and eight ladies attended the luncheon. The committee for the Spring Luncheon and Fashion show donated \$1,773.00 to the Moore Free Care Clinic. Committee members were Dolores Flashman, Claire Marlar, Carol Jones, Anne Helgesen, Kay Jenkins, Bobbie Erdman, Marcia Krasicky, and Margaret Butcher.



On Sunday, April 18th, a group of members from Community Presbyterian Church in Pinehurst came together for "One Great Day of Service". Their service project involved planting perennials and Japanese maple trees to make our entrance more inviting.



Did you know?



Mitzi Chavez at work in clinic auxiliary office.

The free clinic shares a staff person with the Sandhills Community Care Network (SCCN), a state-supported organization of case managers under the auspices of FirstHealth Community Health. SCCN helps care for uninsured and Medicaid-eligible persons of Moore County. These case managers assist low income persons in accessing health care and medications, therefore, many of the persons whom they case manage are free clinic patients. The staff person who we share with SCCN is Mitzi Chavez, whose part-time responsibility with the free clinic is the screening of persons for eligibility as new patients. Three days a week, Mitzi occupies a new office which is located across the hall from the clinic. This space was given for \$1 per year by Mr. John O'Malley, landlord of the Trimble building, and carpet was provided by Mr. Tony Prestipino. We are grateful to them for helping us grow in our mission.