

# Highlights...

By Mark Wethington, Executive Director

Moore Free Care Clinic is extremely grateful for our many community partners (see list page 2), which continue to grow almost weekly. Not only do Pinehurst Surgical Clinic and Pinehurst Medical Clinic provide free services for our patients, but they have also supported the clinic financially.

In recent weeks, Pinehurst Surgical Clinic has generously given MFCC a check for \$10,000 and Pinehurst Medical Clinic has given us \$5,000. These partnerships serve as a blessing for our patients and are central to fulfilling our mission.



FALL 2009

A Newsletter for Friends and Supporters  
of Moore Free Care Clinic  
Visit our Website at: [www.moorefreecare.org](http://www.moorefreecare.org)

## "What Can You Offer As A Volunteer?"

By Deborah Whitley, Editor

Since my very first day on the job at the Moore Free Care Clinic in 2004, I have witnessed the value volunteers provide in service to others. Volunteers are indeed the "backbone" or even the "skeleton", which holds the framework of what we do at MFCC together.

I have always been intrigued by what motivates people to become a volunteer so I have compiled this short list as follows:

- share a gift, talent, or skill
- feel needed
- commitment to a cause or belief
- to keep busy
- repay a debt
- make an impact
- explore a career or learn something new
- earn academic credits or build a resume
- satisfaction to reach a goal

This is by no means an exhaustive list of reasons as they are as individual as the person who volunteers. We tend to think of volunteering as charity based on being selfless, which it is in part, but maybe it is meant to be much more. All of us will find ourselves in need at some point in our lives. When my husband died of cancer in 2003, I had a Stephen Minister, a lay person, who walked with me during my grief and listened to my pain. Now, I volunteer as a Stephen Minister to help others through their crisis. So at one point, I was the person needing help, but at another juncture, I was the person who volunteered to help. In a very real sense, volunteering can be wonderful exchange of gratitude for being on the other side of having a need met in your own life.

Patients come to our clinic seeking treatment because they have nowhere else to turn, as they have no health insurance and are low income. We provide free care but we also provide them with a restored sense of belonging to a caring community. We provide them with a renewed sense of self worth, which gives them hope for a better future. We are also helping ourselves have a healthier county in which to live and work. Everyone wins!

We are always in need of volunteers, whether it be physicians, nurses or those with clerical skills. Maybe

you are the person who could offer a smile to the woman checking in who has lost her job and with it her ability to buy her insulin. Or maybe, you are a creative person who could help with development or fundraising. All skill levels are needed and appreciated.

With the debate on health care raging, we frequently ask ourselves "How can one person make a dent in such a complex issue?" The Moore Free Care Clinic was the vision of a few who decided to help those without health care insurance in Moore County find medical care for chronic illnesses. They extended one candle to light the way and soon others joined in with their lights. Now the clinic is a shining example of what can be done when a community pulls together to tackle a problem. What's your passion? Try putting it to use at the clinic. You won't regret it.

If you are interested in becoming a volunteer, just call our office at 910-246-5333.

## All For A Good Cause...

### Moore "Dining In The Pines" 2009

By Susie Buchanan, Board Member

A local organization of Moore County residents has developed an interesting approach to providing significant financial support to the Moore Free Care Clinic (MFCC). Their endeavor enables one to appease a desire to make a substantial contribution to our community, while limiting the time and energy required in accomplishing this objective.

You can easily become an integral part of this most rewarding effort. Host a "Dining in the Pines" party for your friends, anytime between October 17 and October 31. "It can be a intimate dinner party, a tailgate party for eighty, cocktails and hors d'oeuvres for twenty, a brunch, a picnic, a Halloween Party, etc..." according to Bobbie Erdman. (This unique fundraising concept was her brainchild). You make the decision about the type of party that you would like to host, develop a list of guests, and start the planning. Just provide the list of your invitees to the

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211 Trimble Plant Road, Suite C  
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910-246-5333

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### Our Mission

In the spirit of compassion and concern, the Moore Free Care Clinic provides high-quality primary, preventive and specialty health care to limited-income people in Moore County who are uninsured and can't afford access to health care.

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### Our Community Partners



The Duke Endowment



ST. JOSEPH of the PINES



Carolina Eye Associates PA  
Drs. Monroe and Monroe, General Dentistry  
Neese Family Health Clinic  
Pinehurst Radiology  
Moore County Health Department  
Southern Pines Physical Therapy  
John W. and Marjorie A. Roffe Endowment  
Moore County Community Foundation  
The Cannon Foundation  
C. Louis Meyer Family Foundation  
Cooper's Pharmacy



Dining in the Pines (DIP) Committee and they will take care of the fundraising portion of the event, including provision of invitations for your guests. Of course, your expenses are your donation to the effort.

Each guest is asked to make a \$35.00 minimum donation to the Moore Free Care Clinic, but may contribute as much as they wish. But wait ... there is more. Your guests will also be able to bid on fabulous items in an on-line auction of arts, objects and trips that have been donated to the event.

The Moore Free Care Clinic provides high quality primary, preventive, and specialty medical care to limited income residents of Moore County who are uninsured and cannot afford access to health care. In May of this year, the Clinic moved into a rent free, spacious 3000 square foot facility in Southern Pines. The space was provided through the generosity of John and Mary O'Malley; interior construction of the clinic was accomplished through the cooperative efforts of many in the community.

General and specialty care, clinics in mental health, dental, orthopedics, ENT, physical therapy, cardiology, and ophthalmology are offered at the facility. This is made possible by volunteer physicians, nurses, and community members who generously give of their time and money to help those in need. All donations from the Dining in the Pines effort go directly to the clinic. Last year's fundraising effort yielded \$48,000 in contributions and this year's goal, with your help, is \$60,000.

To host a party or to find out more about "Dining in the Pines", please call Kathy Lannon at 235-9232 or Ginger Lash at 215-0002.



## Southern Pines Diagnostic Imaging- A Community Partner

by Deborah Whitley, Editor

In May 2009, Moore Free Care Clinic's Executive Director, Mark Wethington, met with Ed Ross, Marketing Manager of Southern Pines Diagnostic Imaging (SPDI) to forge a partnership to provide Moore Free Care Clinic patients with state-of-the-art imaging services, specifically Magnetic Resonance Imaging (MRI), and Computed Tomography (CT). Southern Pines Diagnostic Imaging has a professional, dedicated staff and doctors who take great pride in delivering thorough, accurate and prompt reports while remaining focused on providing compassionate patient care in a warm and relaxed setting.

Lana Witiak, the Center Manager, expressed "How excited all of us here at

Southern Pines Diagnostic Imaging are to be able to help serve patients of the Moore Free Care Clinic". They consider they are a part of the local community and want to "give back".

They tailor their services to the wants and needs of the referring physicians and their patients. They provide the benefits of being associated with a major healthcare network, North Carolina Diagnostic Imaging, and have centers located throughout the state.



## Volunteers You Should Meet:



Sue Harvey

Sue Harvey is one of our faithful volunteers who has been coming to the clinic for the last three years to help our patient assistant coordinator, Millie, with filing and calling patients regarding their medications furnished by the pharmaceutical companies. Sue says, "I have been coming every Tuesday morning and I love it. I feel it is worthwhile and I get excited about coming. I would not miss it". She says she has a greater appreciation for pharmaceutical companies and their generosity because she has seen millions of dollars of donated drugs come through the clinic.

"Sometimes it is an emotional day and sometimes it is dry paperwork, but even dry paperwork needs to be done", Sue explains. "I do whatever Millie wants me to do and I like working with her. I have taken on more responsibility and she knows what I can handle". When asked about what a typical patient is like, Sue says; "They are all different as you would imagine, but they have to really be struggling to walk through that door. When the people are really in need and we determine they are eligible, it is just exciting to get the paperwork done so we can give them an appointment. It is a pleasure to be able to help them".

The clinic endeavors always to show appreciation for its many volunteers and Sue is no exception. Without our volunteers, the clinic would not be able to live its mission. Sue sums it up with her comments, "When I walk through that door at the clinic I am not just a number. They tell me they are so glad to see me and they express their appreciation for what I do".

Since May, 12-15 patients have been seen at Southern Pines Diagnostic Imaging after being referred by an order from a provider at Moore Free Care Clinic. Once Southern Pines Diagnostic Imaging receives the referral, they contact the patient to set the appointment. SPDI makes every effort to be flexible to schedule an appointment for MFCC patients as often there are transportation issues. After the MRI or CT scan is performed, it is read by a Board Certified radiologist and the results are sent to Moore Free Care Clinic usually within 24 hours. The referring provider at MFCC then contacts the patient to go over the results.

This is just another example of the way Moore Free Care Clinic strives to collaborate with other community partners to further its mission to care for its patients with compassion and concern to provide high-quality primary, preventive and specialty health care to the uninsured in Moore County.

Satisfaction in volunteering keeps Sue coming back each week. "The clinic does a phenomenal job in our community and I don't know what would happen if they were not here". You could not get a better endorsement for volunteering than Sue's insightful words, "When the patients say they appreciate all that we do it just blows me away. I did something for somebody today".



Amber McNeill

Amber McNeill joined us in August as a volunteer receptionist. She commutes from Sanford to Sandhills Community College (SCC) where she is enrolled in a two-year program in Human Services Technology. She works at the clinic on Tuesday and Thursday from 1 pm-6pm as part of a co-op program for her field of study at SCC. She is required to do 160 hours to complete her co-op hours this fall semester. "I love the friendly staff at the clinic and the opportunity to work in the medical field". Amber hopes to go full time to complete her BA in Social Work at a state college or university.

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910-246-5333.**