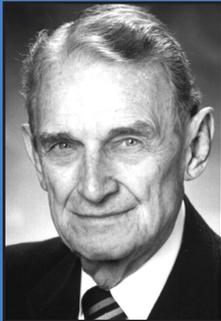


Calling All Retired Physicians!

By *John Haserick, M.D.*

The Moore Free Care Clinic is an opportunity for retired physicians to contribute their skills to a worthy cause.



John Haserick, M.D.

More doctors are needed, of all types, from family physicians to specialists and sub-specialists.

In my own experience with a Free Clinic in Stuart, Florida, 35 retired physicians responded to the call. All agreed it was worthwhile and rewarding. Each worked on schedule in accordance with their situation and the needs of the Clinic. The patients were grateful because they knew they were receiving help not available to them in any other way. The doctors established their own camaraderie in the knowledge they were needed and appreciated.

Malpractice concerns were met by a special arrangement, as they are here in North Carolina, with Medical Mutual Insurance Company.

Interested medical personnel may call Laura Tremper-Jones, executive director of the Moore Free Care Clinic, (910)947-6550.

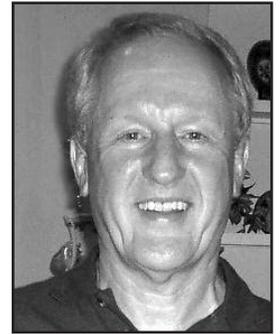
Sustaining the Care – Clinic Must Keep Pace with Growth

By *James A. Tart, M.D.*

SUSTAINABILITY! That is now the challenge facing the Moore Free Care Clinic.

Looking back on the first year of operation, the clinic has been successful in many ways:

- Over 2,000 office visits for patients who otherwise would not have had access to healthcare;
- A broad-based financial response from Moore County citizens to provide the means for this project to function;
- A coalition of health care providers willing to donate their services to those in our community unable to pay;
- An abundance of lay volunteers;
- Support from major foundations to develop a Chronic Disease Management Clinic;
- Development of a dedicated MFCC staff;
- Specialty clinics including dental, cardiology, back care, physical therapy; and
- Off-site specialists' consultations.



James Tart, M.D.

CONTINUED ON PAGE 2

State of the Clinic

By *Laura Tremper-Jones, R.N.C., M.S.N.*

Executive Director

The past year and a half that the Moore Free Care Clinic has been open has been an incredible journey.

We are truly blessed to live in such a caring and generous community. Every day I am amazed at the efforts made by our volunteers and donors to provide quality health care for those in need.

On behalf of the patients of the clinic, the staff, and the board of directors, I thank you again for your continued support. We need you now more than ever!

Our clinic has transformed in a very short time. Initially, our volunteer



Laura Tremper-Jones

CONTINUED ON PAGE 6

Specialty Clinics Provide Relief

By *Laura Tremper-Jones, R.N.C., M.S.N.*
Executive Director

The Moore Free Care Clinic has been especially fortunate to have the volunteer services of many specialists within the medical community.

Our patients have access to medical specialists both on-site during our clinic hours as well as off-site appointments in various physician offices.

To date, our patients have access to dermatology, orthopedics, cardiology, ear, nose and throat (ENT), gastroenterology, podiatry, and ophthalmology. We've had the opportunity to provide physical therapy for our patients.

One of the first specialty clinics established was our Back Clinic. Early on, we realized that many of our patients suffered from back problems and musculoskeletal pain and it was obvious that there were not many resources for those without insurance.

Luckily Charlie Kelly, a physician assistant who works with Dr. Rice, a local orthopedic surgeon, stepped forward and agreed to start a monthly clinic to see these patients.

Members of the physical therapy community quickly joined forces with us and we now have a "back class" on the nights we conduct Back Clinic and also provide physical therapy on a weekly basis.

Diabetic Ophthalmology Clinic is another specialty clinic that we offer to our patients thanks to Judy Fleming and Dr. Mincey from Carolina Eye Associates.

This clinic allows us to check our patient's vision for the dangerous complications of their diabetes. We are able to screen our patients for these complications and two patients have been referred for surgery because of this clinic, saving them from blindness.

Dr. James Tart, with the help of Dr. Robin Cummings, has conducted Cardiology Clinic on-site and Pinehurst Medical Clinic and Pinehurst Cardiology Associates have provided additional cardiology services such as echocardiograms as needed.

Dr. John Haserick has also conducted a Dermatology Clinic on-site.

We offer our heartfelt thanks to all of the providers that have made these specialty clinics a reality.

This increase in capacity also means that we have a greater need for volunteer and financial support to sustain operations. If you are interested in what you can do to get involved in the Moore Free Care Clinic please call us at 947-6550 or email me at moorefrecare@earthlink.net.

Clinic Must Keep Pace with Growth CONTINUED FROM PAGE 1

But now it is time to look to the future. In order to sustain this effort, the Moore Free Care Clinic is embarking upon its second Annual Fund Campaign, and the challenge is great.

Due to increasing patient volumes, the operating budget for 2006 has been increased to \$277,318 which is the amount necessary to provide free medications, diabetic supplies, patient educational materials, and other essentials as well as staff salaries, supplies, electronic medical records, insurance, and required financial audits.

The Annual Fund Campaign is already off to a rousing send-off following the first annual *Dining In the Pines* fund-raiser spearheaded by a dedicated group of volunteers from the Pinewild Country Club community. Thanks to the creativity and enthusiasm of this group, Moore Free Care Clinic offered the community a fresh and fun fund-raiser. *Dining In the Pines* was hosted in private homes and The Country Club of North Carolina and brought together over 400

people for an evening to remember.

That fun evening served as a reminder to all that there are over 4,500 adults in our community who live at or below the poverty level and do not have access to health care. Most of these people are actively employed. We recognize that medical needs are still very great and that our help is once more desperately needed.

Free health care is only free to those who receive it. Despite volunteerism, the cost is still substantial.

So, we invite you to join us once more in this effort to provide health care to our neighbors who are less fortunate than ourselves. Please consider a contribution as generous as possible and spread the word to your friends about this charitable cause. Take pride that you are an integral part of our team and are providing a vital human service.

And remember that the Moore Free Care Clinic Endowment is a vehicle that you can use if desired to help address SUSTAINABILITY on a long term basis.

Moore Free Care Clinic, Inc.
705 Pinehurst Ave.
P.O. Box 1656
Carthage, NC 28327
Information and Referrals:
910.947.6550

Claudia Watson, editor

Contributing writers:

H. David Bruton, M.D.

James A. Tart, M.D.

Laura Tremper-Jones, R.N.C.

Rose Young

John Haserick, M.D.

Our Mission

In the spirit of compassion and concern, the Moore Free Care Clinic provides high-quality primary, preventive and specialty health care to limited-income people in Moore County who are uninsured and can't afford access to health care.

Our Core Values

The Moore Free Care Clinic is committed to the belief that health care is a basic human need. Every individual must have access to basic health if a community is to be truly healthy.



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Universal Health Care and Moore Free Care Clinic

By H. David Bruton, M.D.

In America, with its scientifically advanced health care and wonderfully trained nurses, physicians, and allied health workers there should be no need for Moore Free Care Clinic.

Our first 17 months of existence has demonstrated the compelling need for medical care by a population that our current system excludes. Let me postulate my belief that we have sufficient resources consumed by our health care enterprise to provide cost-effective care for all Americans. If we would commit to an efficient system of universal care, the administrative waste, inappropriate care, lack of emphasis on prevention, and flawed payment system would yield enough resources to provide universal care.

Let me be clear, I am not talking about socialized medicine. In my view that would make matters much worse. We must retain the motivation inherent in the enterprise notion. We need multiple payers to maintain creativity, competition, and to provide the plain hard work required.

The government will have to continue to provide basic care for the indigent. We need to move third-party payers out of managing first dollars. Informed patients need to manage first dollars. Health insurance should be reserved for infrequent events.

I have insurance if my house burns down. I do not have insurance to mow the grass. In health care, we pay for mowing the grass with insurance. Passing our health care dollars through insurance companies consumes at least 30 percent just moving the money from payer to provider.

The type of insurance policy paying for the care often determines the care provided. Preventive services are limited, or not paid for by insurance. Cost-shifting and efforts to prevent cost-shifting consume enormous sums. Our health care payment system is a major problem and must be fixed. Our clinical care is good in spite of a flawed payment system. Enterprise and personal responsibility can function in health care, if we protect the indigent and insist on quality universal care.

Until we have a system of universal care in America we, Moore Free Care Clinic, and you, our supporting public, must continue to provide efficient and effective care for patients left out of our present system. We are in this together until America hears the cry of our 44 million uninsured. We are fortunate to live in a place where a free clinic is possible.

VOLUNTEER SPOTLIGHTS

By Rose Young

Specialty Services

Vision Services

Judy Fleming knows something about helping people get the health care they need, even when they do not have health insurance. She is the manager of patient care at Carolina Eye Associates in Southern Pines.

"We have been treating uninsured patients here all along, so when I found out about Moore Free Care Clinic, it was a good fit for me."

She started volunteering in the free clinic's reception area. She quickly saw a need for vision screening.

"The clinic treats many diabetics, who are at increased risk for eye problems. Left untreated, the result can be blindness."

Annual eye exams are recommended for diabetics, but many are unaware of this or cannot afford it.

Judy talked to Dr. Gregory Mincey, one of the Carolina Eye ophthalmologists, about offering vision screening to the clinic's patients who are in need of such services. He readily agreed to participate.

Mincey says that the free clinic's staff evaluates patients for possible vision needs and schedules a number of

them on a regular basis. Eye clinics are held every other month or so.

"The clinic staff does a good job of scheduling so that diabetic patients are screened in the most timely and efficient manner."

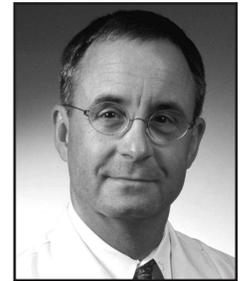
Judy now helps with the vision screening services. She makes sure that patients in need of follow-up services or procedures are referred to Carolina Eye and receive treatment at no cost.

At some future time, Mincey hopes to expand the vision services to include screening for glaucoma and cataracts.

"I enjoy my time at the clinic because it is so rewarding. The staff and other volunteers are great to work with," says Mincey.



Judy Fleming



Dr. Gregory Mincey

Orthopedic, Physical Therapy & Pain Management Services

MFCC is probably the only free clinic in North Carolina that offers comprehensive services for the treatment of musculoskeletal conditions. This distinction is as a result of the dedication of a team of health care professionals that came together to fill a need.

Charlie Kelly is a certified physician assistant (P.A.-C.) who worked nearly 15 years in primary care. He then started working with Dr. Rice at Sandhills Orthopedics, but wanted to stay involved with primary care. So when he heard about plans for the free clinic, he knew this would be the perfect outlet for his community spirit. However, instead of primary care, Kelly saw a need for orthopedic services at the clinic.

He now volunteers every two weeks and sees many back pain sufferers, but the orthopedic clinic is not limited to back conditions. He examines 10-15 patients a month, makes a diagnosis and recommends a treatment plan. In 85 percent of his cases, conservative medical treatment and therapy are successful. His patients receive monthly follow-up.

"What is even more unique about the program is its interdisciplinary approach that offers patients access to physical therapy and pain management," says Kelly.

Physical therapists Sue Stovall, Terry Young, Dee Lombard

and Dee Daly administer one-on-one physical therapy to clinic patients, as referred by Kelly.

Patients can sign up for a series of six classes that teach pain sufferers strategies for managing their pain. Strategies include exercise, life management skills and coping mechanisms.

According to Sue Stovall, "We would love to expand this program to include classes for managing other chronic conditions such as obesity and diabetes. Most of our patients would never have been able to access programs of this quality without the free clinic."

She also noted that the team is always looking for additional physical therapists to help out. "It is so rewarding to be able to give back to the community. We want others to share that experience."

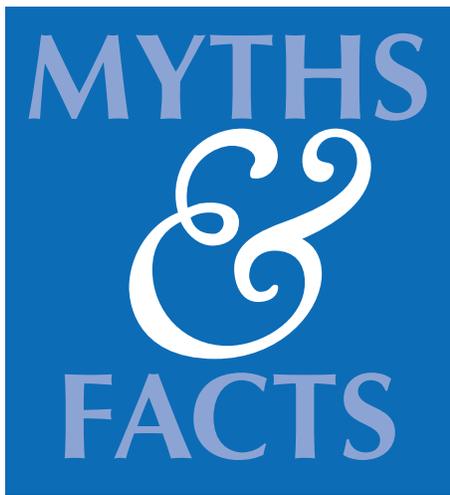
Moore Free Care Clinic and its patients appreciate the remarkable generosity and volunteerism these individuals have demonstrated.



Charlie Kelly, P.A.-C.



Sue Stovall, P.T.



MYTH: The uninsured go without coverage because they believe they do not need it or don't want it.

FACT: The majority of uninsured, regardless of how young they are, say they forgo coverage because they cannot afford it, not because they don't need it.

Only seven percent of the uninsured report the main reason they lack insurance is because they don't think they need it. The majority of the uninsured (52 percent) say the main reason they don't have health insurance is because it is too expensive and the next most common reason they give is not being eligible for their job's health benefits (11 percent).



MYTH: Most of the uninsured do not have health insurance because they are not working and so don't have access to health benefits through an employer.

FACT: Most of the uninsured are either working full-time or have someone in their immediate family who does—the problem is that the majority of the uninsured are not offered benefits through their employers.

Eight in ten uninsured Americans come from working families; even at lower income levels, the

Director's Report - Moore Free Care Clinic

Reporting Period: April 29, 2004 to September 30, 2005

Number of Patients Registered ⁽¹⁾	776
Number of Patient Visits Since Opening	2,008
Cumulative Value of Services	\$927,528.01

Reporting Period: April 29, 2005 to September 30, 2005

Services		
Number of Patient Visits Current Year (as of April 29, 2005)	821	
Estimated Worth of Visits & Specialty Referrals		\$ 73,969.00
Value of Medication Samples ⁽²⁾		\$ 59,961.56
Value of PAP ⁽³⁾		\$ 19,544.08
Purchased Medications		\$ 14,514.44
Physician Volunteer Hours (\$125)	139 hours	\$ 17,375.00
Nursing Volunteer Hours (\$24.51)	167.5 hours	\$ 4,105.42
Number of Dental Patients	30	
Dental Volunteer Hours (\$17.54)	54 hours	\$ 947.16
Dentist Volunteer Hours (\$125)	38 hours	\$ 4,750.00
Estimated Value of Dental Care		\$ 10,313.00
Clerical Volunteer Hours (\$17.54)	240 hours	\$ 4,209.60
Board of Directors Volunteer Hours (\$17.54)	770 hours	\$ 13,513.00
Lab Tests & Imaging Services		\$ 50,377.75
Total Value of Services for this Reporting Period		\$ 273,580.01

(1) Patients are registered for eligibility before they are treated.

(2) Medication samples are provided to patients at the time of their treatment. These samples are donated to the clinic by physician's offices and pharmaceutical companies. The samples are provided as a "stop-gap" until the patient's Patient Assistance Program (PAP) is validated.

(3) Many pharmaceutical manufacturers have programs to help those in need obtain their medications at no or very low cost. These programs, Patient Assistance Programs (PAPs), are run by the manufacturers. Each program has its own rules, qualifications and medication disbursement method.

majority of the uninsured have workers in their families. However, 81 percent of uninsured workers are employed by firms who do not sponsor health benefits or are not eligible for their employer's plan. Few workers, even low-wage workers, turn down health benefits when available.



MYTH: Most of the growth in the uninsured has been among those with higher incomes.

FACT: The majority of the growth in the uninsured since 2000 has been among people earning less than \$38,000 a year for a family of four (commonly considered low-income).

Since 2000, the number of uninsured adults has grown by over 5 million and nearly 75 percent of these adults were from low-income families. Overall, two-thirds of the uninsured are low-income with one-third living in poverty (earning less than \$19,000 a year for a family of four).

These are some of the myths about the uninsured. We'll continue to provide this information in future newsletters. Reprinted with permission of The Kaiser Commission on Medicaid and the Uninsured, www.kff.org.

State of the Clinic

CONTINUED FROM PAGE 1

medical providers worked two nights a week at the clinic. Now we've moved to full-time operations with both paid and volunteer medical providers.

We are so thankful to have Blaine Hall, P.A.-C. as our full-time medical provider. This has allowed us to increase our patient capacity. When we began our operations in April 2004 we saw approximately 24 patients a week. Now, we're seeing 50 or more patients each week.

Thanks to this increased capacity we're able to provide more comprehensive care for our patients and a shorter waiting time for available appointments. But this increase in capacity also means that we have a greater need for volunteer and financial support to sustain operations.

If you are interested in what you can do to get involved in the Moore Free Care Clinic please call us at 947-6550 or email me at moorefreecare@earthlink.net.



**MOORE
FREE CARE
CLINIC**

Healing Hands. Caring Hearts.™

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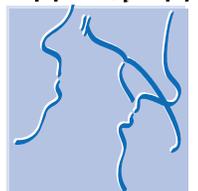
Debbie Whitley,

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